

First Person Plural My Life As A Multiple

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First Person Plural also provides a good description of what life is like on a contemporary psychiatric inpatient unit. The "healed" West describes himself as follows: "I've got 24 alter personalities. I call them my guys even though some of them are females, and we all live together in this body."

First Person Plural: My Life as a Multiple

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- Cameron West ...

Nor is achieving a sense of wholeness and peace necessarily accomplished by either placing blame on others or by forgiving those we perceive as having wronged us. It is achieved through understanding, acceptance, and reinvention of the self.”. — Cameron West, First Person Plural: My Life as a Multiple.

First Person Plural Quotes by Cameron West

“First Person Plural is an honest, courageous account that demystifies the lives of those who struggle with Dissociative Identity Disorder.” Ellen Bass author of The Courage to Heal “First Person Plural is an incredibly important book. It is a testament to the resiliency of the human spirit.”

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Cameron West's "First Person Plural: My Life as a Multiple" is a New York Times, Publishers Weekly, & USA Today Bestseller about Dissociative Identity Disorder. The book was endorsed by Oprah Winfrey, reaching #1 on Amazon & Barnes & Noble and published in 22 countries. Available as E-book and paperback. Buy The Book

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FIRST PERSON PLURAL: My Life as a Multiple User Review - Kirkus. A singular first-person account of the much-debated condition now known as dissociative identity disorder (DID)—formerly termed...

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First Person Plural: My Life as a Multiple on Apple Books

Cameron West is not a great author, but his life makes for a great story. First Person Plural tells the autobiographical tale of a man coming to grips with his multiple personalities. It's a story full of revelations, complex interplay (both interpersonal and interpersonality) and a logical, well-developed sequence of scenes and character-development.

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First Person Plural: My Life as a Multiple by Cameron West

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resiliency of the human spirit.”

Bing: First Person Plural My Life

In "First Person Plural, " Cameron West struggles desperately to hang on to his family, his life, and the thin thread of reality that connects him to the world. When several of his "alter" personalities begin to emerge, their secrets threaten to crumble the walls of West's mind -- walls he unconsciously erected when he was subjected to devastating childhood sexual abuse.

First Person Plural

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First Person Plural My Life

Heartwrenching, humorous, and ultimately hopeful, First Person Plural is a story that will make you stand in awe of the power of the mind to protect itself and cheer for West as he struggles to gain control of his life. Accolades for First Person Plural: New York Times Bestseller Publishers Weekly Bestseller USA Today Bestseller #1 Amazon.com #1 Barnesandnoble.com Published in twenty-two foreign countries

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First Person Plural: My Life as a Multiple by Cameron West ...

First Person Plural: My Life As A Multiple is a psychology-related autobiography written by Cameron West, who developed dissociative identity disorder (DID) as a result of childhood sexual abuse. In it, West describes his diagnosis, treatment, and personal experiences.

First Person Plural: My Life As a Multiple Win the Battle ...

First Person Plural: My Life as a Multiple Mass Market Paperback – November 1, 1999 by Cameron West, Ph.d. (Author) 4.6 out of 5 stars 235 ratings. See all formats and editions Hide other formats and editions. Price New from Used from Kindle "Please retry" \$9.95 — — Hardcover "Please retry" \$20.98 . \$2.84:

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